



# Hong Kong College of Health Service Executives

Newsletter Issue 1 2023/24

## Advisors 顧問

Prof Geoffrey LIEU 廖錫堯

Prof Peter YUEN 阮博文

## Honorary Fellows 榮譽院士

Prof CHAN Siu Chee Sophia 陳肇始

Prof HUI Shu Cheong David 許樹昌

Prof William HO 何兆煒

Dr KO Wing Man 高永文

Dr LEI Chin Ion 李展潤

Dr TSANG Ho Fai Thomas 曾浩輝

Prof YEOH Eng Kiong 楊永強

## Council Members

### President 院長

Dr MA Hok Cheung 馬學章

### Vice President 副院長

Dr NG Sze Fung Fowie 伍時豐

### Honorary Secretary 義務秘書

Ms LAU Tsz Kiu Clarice 劉芷橋

### Honorary Treasurer 義務司庫

Ms LAM Oi Ching Cindy 林愛貞

### Academic Convenor 學術召集人

Dr KO Suk Lan Flora 高淑蘭

### Publication Convenor 編務召集人

Dr SHAM See King Arthur 岑思勁

### Council Members 會董

Ms AU Wai Lin Joyce 區慧蓮

Dr CHEUNG Simon Tsuen Yuen 張晉元

Ms CHIANG Sau Chu 蔣秀珠

Mr LUI Ka Ho Leo 呂家豪

Dr POON Wai Kwong 潘偉剛

Dr TONG Chak Kwan 唐澤君

Ms TUNG Man Kei Macky 董曼琪

Ms WU Ying Shi Inez 伍穎詩

Ms YU Sau Ling Eliza 余秀玲

### Co-opt Members 增選委員

Dr AU Kin Chung Brian 歐健聰

Ms CHONG Yuen Chun Samantha 莊婉珍

Ms FUNG Wing Yin Kelly 馮詠妍

Dr HO Cheuk Man Louis 何焯文

Dr HUI Siu Fu Andrew 許小虎

Mr LEUNG Kwok Keung Stephen 梁國強

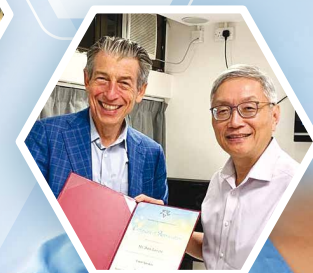
Ms LI Lam Vivian 李琳

Ms MAN Bo Lin Manbo 文保蓮

Dr SIT Tin Yan Cecilia 薛天恩

### Chief Editor 總編輯

Dr SHAM See King Arthur 岑思勁



College's website:

<http://www.hkchse.org>

**Disclaimer** This is a publication of the Hong Kong College of Health Service Executives.  
The articles published are the expressed views of the authors and are not necessarily those of HKCHSE.



## Message from the President

The Hong Kong SAR has gone through a series of major challenges in the six years when I stepped down from the President Office of the College. They have left their sequelae which still have impact on the SAR up to these days. For the healthcare field, we witnessed the emigration of many experienced healthcare professionals leading to significant thinning of the workforce, especially in the public sector. The government responded to the challenge by trying hard to recruit physicians and nurses from the mainland and abroad. Legislative amendments were made to accommodate this effort. To what extent this will resolve the manpower predicament in the public sector remains to be seen, and of course we would like to see those vacancies refilled in the earliest possible instance. Indeed, prolonged manpower shortage can by itself become a self-perpetuating factor leading to a downward-going spiral.

Another major event was of course the COVID-19 pandemic. Two consequences can be observed: the rapid emergence of the importance of Chinese Medicine in our healthcare system, and the constant vigilance of the public healthcare sector in preparing for similar outbreaks in the future. We will have the first Chinese Medicine Hospital in Hong Kong operating in late 2025 or early 2026. Hopefully we can leverage on this facility to develop new models of patient care integrating Chinese Medicine with mainstreaming Western Medicine. At the same time the government has





included Chinese Medicine outpatient consultation under its subsidized healthcare schemes, providing another choice for the citizens. From the Western Medicine practitioners' perspective, especially the private primary care physicians, the enhanced entrustment of Chinese Medicine by the Hong Kong people can be a competitive threat. Of course, a more open and positive view is to regard Chinese Medicine as complementary to the mainstream Western Medicine, with the potential to further protect our health. Meanwhile, the constant need for maintaining vigilance against new emergence of infection outbreak of epidemic or pandemic level calls for careful facility planning and resources injection under the stewardship of our expert panel in infectious diseases. My humble wish is that such effort will not significantly divert the focus of our decision makers or undermine the day-to-day care provided to patients in the public hospitals.

The recent promulgation of the Primary Healthcare Blueprint and the series of actions rolled out by the government have also attracted much attention from the media and the citizens. There remain some

uncertainties, especially the role of the District Health Centres (DHCs) and the enthusiasm of the private primary care physicians to the call for enrollment in the CDCC program by the government. We would also like to learn more about the list and timeline regarding chronic diseases or health conditions other than Diabetes mellitus and hypertension which the government plans to include under CDCC with resources injection. Despite these uncertainties, these initiatives by the government are commendable, and we hope the private sector and the public at large will respond to them in a positive way.

Finally, there has been strong advocacy from the government and various professional bodies for more intimate exchange and integration of the healthcare systems among the Greater Bay Area cities. With the reform and impressive progresses achieved by the health authorities of the mainland, it is our prerogative to learn more about the latest developments to better prepare ourselves for the coming opportunities or threats.

As a professional body embracing members from multiple healthcare disciplines, the College has the capability and obligation to help promoting deliberations in the local healthcare sector and the public at large in these major healthcare topics by organizing relevant seminars and conferences, and to make our presence by voicing out collective views to the government and other stakeholders in a timely manner. Indeed, I foresee a rather busy to-do list for the College in the coming future, and I would like to call upon all members to work together for the fulfillment of our missions.

Dr MA Hok Cheung  
President



# HKCHSE Annual Conference and Annual Dinner: Celebrating Innovations in Health Care Service Delivery

On August 19, 2023, the Hong Kong College of Health Service Executives (HKCHSE) Annual Conference and Annual Dinner took place at the Regal Hong Kong Hotel. This highly anticipated event brought together over 60 fellows and associate fellows of the HKCHSE to explore the theme of "Innovations in Health Care Service Delivery."

The conference commenced with an invigorating opening ceremony, led by Dr. Liu Shao Haei, MH, who was serving as the President of HKCHSE at the time. Dr. Liu set the stage for an inspiring day ahead, emphasizing the importance of innovation and collaboration in advancing healthcare service delivery.

Following the opening ceremony, attendees were treated to a series of engaging talks by distinguished speakers from various sectors of the healthcare industry. Dr. Ko Wing Man, a Member of the Executive Committee of the HKSAR Government, delivered a captivating speech on "Innovative Approaches for Cross-border Practices for Healthcare Professionals." His insights shed light on the evolving landscape of healthcare and the opportunities it presents for health care professionals in Hong Kong.









Dr. Hubert Wong, CEO of Hong Kong Chan Sing Hoi Medical Investment Group Limited, took the stage next to discuss the "Innovative Business Model in Healthcare in GBA." His talk explored the unique challenges and opportunities of operating healthcare businesses in the Greater Bay Area, providing valuable insights for attendees interested in expanding their ventures.

The audience was then privileged to hear from Prof. Cheung Man Chee, Hospital Chief Executive of the University of Hong Kong-Shenzhen Hospital. Prof. Cheung's speech, titled "10 Years of Service by HKU Shenzhen Hospital: Lessons Learnt and Future Directions," offered a comprehensive overview of the hospital's developmental journey and the valuable lessons it has learned along the way. His presentation highlighted the importance of adaptability and continuous improvement in the ever-changing healthcare landscape.

Lastly, Dr. Kung Kenny, Chief Training Officer and Chief Medical Officer of United Medical Practice (China) and Chief Medical Officer of United Medical Practice (Hong Kong), shared his expertise on "Primary Care Practice in GBA." Dr. Kung's talk provided valuable insights into the challenges and opportunities of delivering primary care services in the Greater Bay Area, emphasizing the need for value-based and patient-centered approaches.







The conference concluded on a high note, with attendees buzzing with inspiration and new ideas. The day's events were followed by a splendid annual dinner, where over 80 guests and fellows came together to celebrate the achievements and camaraderie within the HKCHSE community. The evening was filled with delightful conversations, laughter, and a sense of unity among healthcare professionals committed to driving innovation in the field.

We extend our gratitude to all the participants, sponsors, and volunteers who contributed to the success of the event. Your active involvement and enthusiasm made the HKCHSE Annual Conference and Annual Dinner an unforgettable experience.

As we reflect on the knowledge shared and connections made during this event, we look forward to future endeavors that will further propel innovations in health care service delivery. Together, we can continue advancing the quality and accessibility of health care in Hong Kong and beyond.

Dr SIT Tin Yan



# ACHSM Asia-Pacific Health Leadership Congress Oct 11-13, 2023

The 3-day Asia-Pacific Health Leadership Congress held in Canberra was a great success. The event was opened by keynote speaker Mr. Kevin Sowers, President of the Johns Hopkins Health System; Executive Vice President of Johns Hopkins Medicine, who talked about the challenges he met when he led the organization through the various twists and turns in its development. This was followed by a Panel discussion on "Where are we at with health care in October 2023?" with panelists including Mr. Mike Baird AO, Chief Executive Officer, HammondCare; Ms. Susan Pearce AM, Secretary, NSW Health; Ms. Patricia Turner AM, Chief Executive Officer, National Aboriginal Community Controlled Health Organization; Ms. Carmel Monaghan, Chief Executive Officer, Ramsay Health Care Australia.







This congress featured a total of 15 streams of different topics ranging from Clinical Governance and Risk, Workforce, Change Leadership, Crises Leadership and Impact, Mental Health, Model of Care, Digital Management and Virtual Health etc. There was always an interesting topic for everyone. With the Congress Apps provided to each delegate, one could also view the various sessions online at one's convenience. Ms. MackyTung, College Fellow and her executive team at Kwong Wah Hospital presented a paper on "Digital Transformation through Integrated Telecommunication system" and won much applause. This year we had five newly conferred Dual Fellows attending the conferment in person. They were: Christina Li, Kelly Fung, Louis Ho, Ophelia Wan, and Quinai Yu. We were glad to meet our viva examiner Prof. John Rosa and joined him together

with other Australian and New Zealand peers at the New Fellows Dinner.

National Arboretum situated at 30 minutes' drive from city center is a scenery place for conservation. It was chosen as the venue for the congress dinner which served with 3-course menu plus unlimited drinks and band music till late night. The theme was "Into the Woods" with participants dressing in forest animal costumes, Grimm Fairy tales, Snow White, Witches, Red Riding Hood, Sleeping Beauty and Seven Dwarfs.... And everyone was magically transformed into a kid for the evening!

Dr LIU Shao Haei  
Immediate Past President  
FHKHSE, FCHSM, CHE



# HKCHSE Fellowship Conferment Ceremony 2023

The 2022-2023 Annual General Meeting (AGM) cum Fellowship Conferment Ceremony was held at Regal Hong Kong Hotel (Causeway Bay) on Saturday, 19 August, 2023. The College President, Dr LIU Shao Haei, Council Members and New Fellows participated in the College Conferment Ceremony. Prof. Peter YUEN, Advisor of HKCHSE and the Dean of the College of Professional and Continuing Education (CPCE), Hong Kong Polytechnic University, Prof. CHEUNG Man-Yung Bernard, President, Federation of Medical Societies of Hong Kong (FMSHK), Professor LI Ho Cheung William, Assistant Dean (Alumni Affairs) and Professor of the Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong, and Dr. LIN Wai Chi Ada,

Assistant Medical Superintendent, Hong Kong Sanatorium & Hospital cum President of The Hong Kong Society for Infectious Diseases attended the ceremony as our guests of honour.

On behalf of HKCHSE, Dr LIU congratulated all the newly admitted Fellows on their achievements and wished them every success in the years ahead. Newly admitted Fellows are Mr. CHAN Siu On Denis, Mr. CHAN Yiu Lam Sunny, Ms. FUNG Wing Yin Kelly, Dr. HO Cheuk Man Louis, Ms. LAM Po Yvonne, Ms. LI Yan Christina, Mr. PUN Kwong Lik, Dr. WAN Yue Ting Ophelia, Dr. YIP Ka Huen, Mr. YIP Yuk Chiu Jeffrey, and Ms. YU Quinais.

Dr Arthur S. K. SHAM 







# Rethink Ageing: Long Term Care at Home

June 25, 2023



Mr Dan Levitt BA, MSc, is a Gerontologist at Simon Fraser university, Canadian Certified Health Executive (CHE) and the CEO of KinVillage at Canada. He has wide speaking profolio at various international seminars as well as social media to promote on how to transform the lives of older adults across different communities and continuously improving the quality of life. He serves as a surveyor for Accreditation Canada, Board member of International Federation of Ageing and a past Board member of the Global Ageing Network.

Organised by our College, together with Hong Kong Geriatrics Society, Hong Kong College of Gerontology Nursing as supporting units, the evening seminar was well received with over 50 members of various health care professionals. Mr Levitt started his presentation with various photos of human faces and asked the attendees a thought-provoking question about how we define old age. He then led us to look at the current policies and strategies on the global trend of aging and its health care related issues. He elaborated that long term nursing bed has become a scarce commodity with public policy re-focused on aging in community. What community-based services are needed to support the older people who come from the post war baby bloomers so as to delay or prevent their admissions into long term nursing homes? Has the rising tide of aging demographic in many metropolitan cities reaches beyond a point of maintaining the nursing home bed stock meeting the society's demand? The long waiting list of the Hong Kong scenario speaks for herself that if no proactive strategy and the political will on action, it will be swallowed by such a big wave with disastrous outcome. Also, what is the role of the community care and healthy living can meet the changing expectation of how this new cohort might experience aging?





With these and many other questions, the seminar on how we rethink ageing was turned into hot discussion to share various lesson learnt from the recent COVID pandemic. The cross road on the new reality of examining quality of life for the vulnerable vs the sustainability of managing an inverted population pyramid for the coming decades was acknowledged. These exchanges continued vividly into the dinner session where everyone sharing their own creative idea on healthy aging at home and in the community. Mr Levitt has briefly introduced KinVillage as a

non-profit service provider aiming at enriching the lives of Canadian older group through a unique combination of housing, wellness program and health maintenance services with subsidy from government agencies to fulfil their joint belief of affordable good living to all older citizens. The paradigm shift from hospital-based care to enhancing aging in place has begun.

Dr LIU Shao Haei  
Immediate Past President  
FHKHSE, FCHSM, CHE





## Co-administration of COVID-19 Vaccine and Seasonal Influenza Vaccine is Strongly Recommended.

WHO is currently tracking several SARS-CoV-2 variants globally, including XBB.1.5, XBB.1.16 and EG.5; EG.5 remains the most prevalent one and has been reported by 87 countries and continues to rise.

The last risk evaluation for EG.5 as WHO published on 21 September 2023, with an overall evaluation of low additional public health risk at the global level based on available evidence. This aligns with the risk associated with the other currently circulating VOIs. XBB.1.5 and XBB.1.16 have been decreasing in prevalence globally.

The Centre for Health Protection (CHP) also conducts surveillance on SARS-CoV-2 variants from sewage samples. The latest surveillance data (as of Nov 8, 2023) showed that XBB and its descendant lineages

continue to be the most prevalent variant, comprising around 99% of all characterised specimens. CHP also conducted genetic characterisation of 107 specimens obtained from reported severe and fatal cases of COVID-19 between Sep 26 and Oct 24, 2023. The result showed that XBB and its descendant lineages continue to be the most prevalent variant, comprising over 99% of all characterised specimens.

The Scientific Committee on Vaccine Preventable Diseases (SCVPD) and the Scientific Committee on Emerging and Zoonotic Diseases (SCEZD) under the Centre for Health Protection of the Department of Health (JSC) discussed and updated the interim recommendations related to the use of COVID-19 vaccines in Hong Kong on 11 October 2023 for those



at risk, and hence urged individuals in high-risk priority groups to receive a dose of COVID-19 vaccine at least six months since the last dose or infection as early as possible in view of the potential winter surge, regardless of the number of doses received previously. In view of the coming winter influenza season, co-administration of COVID-19 vaccine and seasonal influenza vaccine is strongly recommended. It takes 2 weeks for full protection effect after vaccination taken.

On the adoption of the new monovalent XBB.1.5 mRNA vaccine which developed to target the Omicron variant XBB.1.5 is being considered when available; as a preferred vaccine choice in appropriate age group according to manufacturer's recommendation.

Be Prepared. Don't Wait!!!

#### References:

World Health Organization COVID-19 weekly epidemiological update

COVID-19 & Flu Express (Volume 1), Number 40 (Week 44, 2023)

Consensus Interim Recommendations on the Use of COVID-19 Vaccines in Hong Kong (As of 11 October 2023)

Dr. Poon WK  
ex CIC Fellow



# 2023 Bangkok Study Tour: Medical Tourism, Wellness & Lifestyle Medicine (2023曼谷醫療旅遊考察團)

From August 7 to 9, 2023, our group of 14 delegates had a wonderful study tour and a roundtable seminar in Bangkok.

Our gratitude to **Metropolitan Health and Wellness Institute** as our host organization in Thailand. In addition, our sincere appreciation to **Professor Peter Yuen** (*HKCHSE Advisor, and Dean of the College of Professional & Continuing Education (CPCE) of the Hong Kong Polytechnic University*) and also **Associate Professor Dr Phudit Tejjativaddhana** (*Director of the Office of Preventive Medicine Association of Thailand*) for being our **honorary study tour leaders**.

We were so thankful for their thoughtful arrangement and the rare opportunity to visit these dedicated organizations and centers in Bangkok city center and outskirts:

- **Metropolitan Health & Wellness Institute (MHWI), Ministry of Public Health, Bang Khen, Bangkok**
- **Bangkok Dusit Medical Services (BDMS) Wellness Clinic**

- **Thonburi Bamrungmuang Hospital**
- **Bangkok District Health Center 67**

The executives we met shared openly about the community and health literacy strategies adopted by Thailand local health authority on serving its imminent aging population, about utilizing the strengths of the country to develop medical tourism while not affecting healthcare and wellness services for its local population, and about building trust of the community in health services during the COVID-19 pandemic.

Besides official visits, we had a great time meeting new friends and developing collaborations during the trip.

We look forward to continue learning from and sharing our views with Thailand. As another study tour is on the horizon, please stay tuned for emails to sign-up for it!

## The future of health is lifestyle as medicine











“ The Bangkok study tour was well organised by HKCHSE, taking us to various healthcare facilities across Bangkok, ranging from primary healthcare clinics, private hospital to wellness centres. The trip really broadens our horizons in understanding the Thai healthcare system. There are definitely new things we can learn from Thailand for Hong Kong. ”

- Dr. Simon Cheung, Fellow 2016





“ The new concept on health which Thailand is promoting is **Wellness** – It has a bigger impact to all of us and offers a newer horizon, rather than focusing on treatment of diseases or sickness!! ”

- Dr. Poon Wai-kwong, Fellow 2006



“ Wellness programs are essential to **keeping healthy lifestyles** for prevention and treatment of mild diseases. Both physical and mental wellness are equally important, having impact on each other. Individuals can contribute to his/her wellness through lifestyle management and disease prevention. ”

- Cindy Lam, Fellow 2008



Inez WU  
Fellow of 2014 ◆



# Application Form



## Hong Kong College of Health Service Executives 香港醫務行政學院 Year 2023-2024 New Membership Application / Renewal Form

Title : Prof / Dr / Mr / Ms / Mrs

Name:

\_\_\_\_\_

(Surname)

\_\_\_\_\_

(Other name)

❖ please ✓ in the appropriate box

☐ Please RENEW my membership (please fill up area of any changes that apply ONLY)

☐ Please consider my NEW membership application (please fill up all the below items)

HKID No.:   -   X X X (X) Sex : M / F

Professional Qualification : \_\_\_\_\_

Qualification in Health Care Management : \_\_\_\_\_

Work Position Held : \_\_\_\_\_

Place of Work : \_\_\_\_\_

(Department / Division)

(Organization / Institution)

Nature of Organization : ☐ HA ☐ Government Department ☐ Private Hospital

☐ Academic Institute ☐ Other Public Organization

☐ Commercial Organization

Correspondence Address : \_\_\_\_\_

Contact No. : (Off) \_\_\_\_\_ (Mobile) \_\_\_\_\_

Email : \_\_\_\_\_

Membership Type	Annual Membership Fee			
	HK Membership (HKCHSE)		Dual Membership (HKCHSE and ACHSM)	
Fellow *	HK\$500	<input type="checkbox"/>	HK\$2,200	<input type="checkbox"/>
Associate Fellow **	HK\$300	<input type="checkbox"/>	HK\$2,000	<input type="checkbox"/>
Associate	HK\$200	<input type="checkbox"/>	N/A	<input type="checkbox"/>

\* Fellow membership only applied to those who have been conferred Fellowship by HKCHSE.

\*\* Qualification for Associate Fellowship: holding a degree in management or a full time managerial position.

Please send this application with cheque payable to "Hong Kong College of Health Service Executives Ltd." to P.O. Box No. 70875, Kowloon Central Post Office, Hong Kong